

WANT TO MAKE **ASTHMA** TRIGGERS JUST BLOW AWAY?



Does asthma stop you from **having fun** with friends or family?

Does asthma get in the way of the normal activities of your **daily life**?

Does asthma keep you from getting a **good night's rest**?

Call or stop by the Tulalip Clinical Pharmacy for details about how the free asthma program can *improve your breathing and your life.*

The Asthma Project will help you better control your asthma symptoms.

- You can't always control your environment but you can control your symptoms.
- People with asthma can have no physical limitations with correct use of medications.
- Make every day your personal best with daily use of your peak flow meter.
- Attack asthma by understanding your plan for when symptoms get bad.
- Participants must be 18 years old or older.
- Up to \$40 in gift cards available for completion of the program.

Receive gift cards upon
completion of program!

Gift Card



**Tulalip Clinical
PHARMACY**

For more information please contact Cindy or Joseph
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