

ANALGESICS

Practice guidelines for pain management

www.asahq.org

Treatment recommendations for osteoarthritis

www.rheumatology.org

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ANALGESICS, OTHER		
OTC Acetaminophen	1	Tylenol
SALICYLATES		
OTC Aspirin EC	1	
OTC Aspirin, chewable	2	
NSAIDs		
* Coverage requires provider to indicate absence of history of ulcer or gastrointestinal bleeding.		
If positive history of ulcer/gastrointestinal bleeding, provider must justify use or prescribe protective therapy.		
Diclofenac potassium	1	Cataflam
Diclofenac sodium, DR, Diclofenac sodium ER	1	Voltaren, Voltaren XR
Diflunisal	1	Dolobid
Etodolac	1	Lodine
Fenoprofen	3	Nalfon
Flurbiprofen	2	Ansaid
Ibuprofen (Rx) (OTC)	1	Motrin, Advil
Ketoprofen, Ketoprofen ER	1	Oruvail, Orudis, Orudis KT
Quantity Limit: 5 days Ketorolac, Ketorolac inj	3	Toradol
Mefenamic acid	3	Ponstel
Meloxicam	2	Mobic
Nabumetone	1	Relafen
Naproxen, Naproxen DR, Naproxen sodium (OTC)	1	Naprosyn, EC Naprosyn, Aleve, Anaprox
Oxaprozin	2	Daypro
Piroxicam	3	Feldene
Sulindac	2	Clinoril
Tolmetin	3	Tolectin
NSAIDs, COMBINATIONS		
Diclofenac sodium delayed-rel/ misoprostol	1	Arthrotec

NSAIDs, TOPICAL

Step Therapy	Diclofenac sodium soln	1	Pennsaid
	Step therapy includes documented trial of 2 generic oral NSAIDs		
Step Therapy	Diclofenac sodium gel	2	Solaraze gel, Voltaren gel
	Step therapy includes documented trial of 2 generic oral NSAIDs		
Step Therapy	Diclofenac epolamine 1.3% topical patch	2	Flector
	Step therapy includes documented trial and failure/contraindication to diclofenac gel		

COX-2 INHIBITORS

Celecoxib	2	Celebrex
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GOUT

Allopurinol	1	Zyloprim
Colchicine	2	Colcrys
Febuxostat	3	Uloric
Probenecid	1	Benemid

OPIOID ANALGESICS

Practice guidelines for cancer pain management (includes WHO analgesic ladder)

www.asahq.org

www.nccn.org

Opioid guidelines in the management of chronic non-malignant pain

www.asipp.org/Guidelines.htm

C-2 and C-3 Opioid Restrictions: Prescriptions from NON-Tulalip Health Clinic providers must follow the rules put forth by CMS for acute pain and will require an attestation form from the provider for chronic pain (defined as >42 tabs/90 days). Prescriptions from Tulalip Health Clinic providers will only be covered if used for acute pain, or chronic pain related to cancer, hospice, or if from one of the following specialists that the patient was referred to: pain, rheumatology, physiatrist, neurosurgery, or orthopedics (at which point the rules must then follow CMS as stated previously for NON-Tulalip Health Clinic providers).

Qty Limit: 30 days	Buprenorphine transdermal	2	Butrans
Qty Limit: 30 days	Buprenorphine sublingual	2	Subutex
	Codeine sulfate	1	
	Codeine/Acetaminophen	1	Tylenol w/ Codeine
Indication Limitation: Cancer pain	Fentanyl lozenge	1	Actiq
Indication Limitation: Cancer pain	Fentanyl citrate buccal, nasal spray	2	Fentora, Lazanda
Indication Limitation: Cancer pain	Fentanyl transdermal	3	Duragesic

Hydrocodone/Acetaminophen	3	Lortab, Norco, Vicodin
Hydromorphone	2	Dilaudid
Hydromorphone ER	3	Exalgo
Levorphanol tartrate	3	Levo Dromoran
Methadone	2	Dolophine
Morphine, Morphine ER	3	Roxanol, Kadian, MS Contin
Oxycodone 5 mg, 10 mg	3	Roxicodone
Oxycodone 15 mg, 30 mg, 5 mg/5 ml soln	3	Roxicodone
Oxycodone/Acetaminophen	2	Percocet
Oxymorphone, Oxymorphone ER	2	Opana, Opana ER
Tapentadol, Tapentadol ER	2	Nucynta, Nucynta ER
Step Therapy Tramadol, Tramadol ER	2	Ultram, Ultram ER

*Step Therapy for tramadol ER includes that there must be documentation on the prescription of non-pharmacologic modalities tried, other non-opioid analgesics, and already taking tramadol IR formulation at least three times daily for at least 30 days.

ANTIMICROBIAL AGENTS

Practice and treatment guidelines for **hepatitis** (CDC) and **chronic hepatitis** (AASLD)

CDC www.cdc.gov/hepatitis/Resources

American Association for the Study of Liver www.aasld.org/publications/practice-guidelines-0

Treatment guidelines for **HIV/AIDS** (US Dept of Health and Human Services)

www.aidsinfo.nih.gov

Prevention guidelines for **Infective Endocarditis** (American Heart Association)

www.my.americanheart.org/professional/StatementsGuidelines/Statements-Guidelines_UCM_316885_SubHomePage.jsp

Influenza: Recommendations of the Advisory Committee on Immunization Practices

www.cdc.gov/ncidod/diseases/flu/fluvirus.htm

International Travel: Recommendations from the CDC

www.cdc.gov/travel

Treatment guidelines for **Sexually Transmitted Infections** (CDC)

www.cdc.gov/std/treatment/default.htm

Principles of appropriate antibiotic use in treatment of **Respiratory Tract Infections** (CDC)

www.cdc.gov/getsmart/campaign-materials/treatment-guidelines.html

Practice guidelines and statements developed and endorsed by the Infectious Diseases Society of America

www.idsociety.org

VACCINES

All ACIP recommended vaccines for routine use in accordance with ACIP guidelines

ACIP Vaccine Recommendations (CDC)

<http://www.cdc.gov/vaccines/hcp/acip-recs/>

<i>Generic Name(s)</i>	Tier	<i>Brand Name(s)</i>
ANTIBIOTIC AGENTS		
Cephalosporins		
<i>1st Generation</i>		
Cefadroxil	1	Duricef
Cephalexin	3	Keflex
<i>2nd Generation</i>		
Cefaclor	3	Ceclor
Cefprozil	3	Cefzil
<i>3rd Generation</i>		
Cefdinir	1	Omnicef
Cefixime	2	Suprax
Cefpodoxime	2	Vantin
Ceftriaxone	1	Rocephin
Fluoroquinolones		
Ciprofloxacin, oral	1	Cipro
Levofloxacin, oral	3	Levaquin
Moxifloxacin, oral	3	Avelox
Macrolides/Erythromycins		
Azithromycin	3	Zithromax
Clarithromycin	3	Biaxen
Erythromycin (all forms)	1	EryTab, Eryc, etc
Fidaxomicin	2	Dificid
Penicillins		
<i>Aminopenicillins</i>		
Amoxicillin	1	Amoxil, Trimox
Amoxicillin/Clavulanate (ER)	2	Augmentin
Ampicillin	1	Principen
<i>Natural Penicillins</i>		
Penicillin G, injection	1	Bicillin-LA
Penicillin VK	1	Veetids
<i>Penicillinase-Resistant Penicillins</i>		
Dicloxacillin	2	Dynapen
Tetracyclines		
Doxycycline, oral	3	Doryx, Vibramycin, etc
Minocycline (ER)	2	Minocin

Tetracycline	3	Sumycin
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Antifungal agents

Clotrimazole, troches	1	Mycelex
Fluconazole, oral	3	Diflucan
Griseofulvin	2	Gris-PEG, Grivulvin V
Itraconazole	3	Sporanox
Ketoconazole, oral	1	Nizoral
Nystatin, oral	1	Bio-Statin
Posiconazole, oral	3	Noxafil
Terbinafine, oral	3	Lamisil
Voriconazole, oral	2	Vfend

ANTIRETROVIRAL AGENTS

Besides medications already on formulary, any other FDA approved treatment regimens will be covered for the 1st month of treatment if patient does not have insurance, and only insurance copays will be covered for ongoing treatment, with approval from Pharmacy Director.

Antiretroviral Combinations

Emtricitabine/Rilpivirine/Tenofovir	2	Complera
Abacavir/Lamivudine	2	Epzicom
Abacavir/Lamivudine/Zidovudine	2	Trizivir
Efavirenz/Emtricitabine/Tenofovir	2	Atripla
Emtricitabine/Tenofovir	2	Truvada
Lamivudine/Zidovudine	2	Combivir

Cellular Chemokine Receptor (CCR5) Antagonist

Maraviroc	3	Selzentry
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Fusion Inhibitors

Enfuvirtide	2	Fuzeon
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Integrase Inhibitors

Raltegravir	2	Isentress
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Non-Nucleoside Reverse Transcriptase Inhibitors

Delavirdine	2	Rescriptor
Efavirenz	2	Sustiva
Etravirine	2	Intelence
Nevirapine, Nevirapine ER	2	Viramune, Viramune XR
Rilpivirine	2	Eduvant

Nucleoside Reverse Transcriptase Inhibitors

Abacavir	2	Ziagen
Didanosine (ddl; dideoxyinosine)	2	Videx
Emtricitabine	2	Emtriva

Lamivudine (3TC)	2	Epivir
Stavudine (d4T)	2	Zerit
Zidovudine (Azidothymidine; AZT; Compound S)	2	Retrovir

Nucleotide Analog Reverse Transcriptase Inhibitor

Tenofovir	2	Viread
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Protease Inhibitors

Atazanavir	2	Reyataz
Darunavir	2	Prezista
Fosamprenavir	2	Lexiva
Indinavir	3	Crixivan
Lopinavir/Ritonavir	2	Kaletra
Ritonavir	2	Norvir
Saquinavir	3	Invirase

ANTITUBERCULAR AGENTS

Capreomycin	2	Capastat
Cycloserine	3	Seromycin
Ethambutol (EMB)	2	Myambutol
Ethionamide	2	Trecator
Isoniazid (Isonicotinic acid hydrazide; INH)	1	Nydrazid
Pyrazinamide (PZA)	1	
Rifabutin	1	Mycobutin
Rifampin, oral	2	Rifadin
Rifapentine	2	Priftin

ANTIVIRAL AGENTS**Cytomegalovirus agents**

Ganciclovir (DHPG)	3	Cytovene
Valganciclovir	2	Valcyte

Hepatitis agents*Hepatitis B*

Adefovir	2	Hepsera
Entecavir	2	Baraclude
Lamivudine	2	Epivir-HBV

Hepatitis C

Specialty item Boceprevir	2	Victrelis
Specialty item Ribavirin, oral	2	Bebetol, Ribasphere, Rebetol, Copegus

Herpes virus agents

Acyclovir (Acycloguanosine), oral	1	Zovirax
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Famciclovir	3	Famvir
Valacyclovir	1	Valtrex

Influenza agents

Amantadine	1	Symmetrel
Oseltamivir	2	Tamiflu
Rimantadine	2	Flumadine
Zanamivir	3	Relenza

ANTIMALARIAL PREPARATIONS

Hydroxychloroquine	1	Plaquenil
Quinine sulfate	3	Qualaquin

Antimicrobial agents, miscellaneous

Albendazole	3	Albenza
Atovaquone	2	Mepron
Clindamycin, oral	2	Cleocin
Dapsone	1	Dapsone
Ivermectin	2	Stromectal
Linezolid	2	Zyvox
Metronidazole, oral	1	Flagyl
Nitazoxanide	2	Alinia
Nitrofurantoin, oral	2	Macrobid, Macrochantin
Paromomycin	2	Humatin
Rifamiximin	3	Xifaxan
Sulfamethoxazole/Trimethoprim (Co-trimoxazole; TMP-SMX)	1	Bactrim, Septra, Sulfatrim, etc
Tinidazole	2	Tindamax
Trimethoprim	1	Primsol
Vancomycin, oral	3	Vancocin

ANTINEOPLASTIC AGENTS

Clinical practice guidelines in oncology

American Society of
Clinical Oncology www.instituteforquality.org/practice-guidelines

National Comprehensive
Cancer Network www.nccn.org/professionals/physician_gls/f_guidelines.asp

HMA Formulary Notes: Most oncology medications eligible for coverage;
Some may require priori authorization
Please call Customer Care phone number on the
prescription ID card for coverage determination

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ORAL HORMONAL ANTINEOPLASTIC AGENTS		
Antiandrogens		
Abiraterone	3	Zytiga
Bicalutamide	2	Casodex
Enzalutamide	3	Xtandi
Flutamide	1	Eulexin
Nilutamide	1	Nilandron
Antiestrogens/Selective Estrogen Receptor Modifiers		
Fulvestrant	2	Faslodex
Tamoxifen	1	Nolvadex
Toremifene	2	Fareston
Aromatase Inhibitors		
Anastrozole	2	Arimidex
Exemestane	2	Aromasin
Letrozole	2	Femara
Progestins		
Megestrol acetate	2	Megace

ORAL NON-HORMONAL ANTINEOPLASTIC AGENTS**Alkylating Agents**

Altretamine	2	Hexalen
Busulfan	2	Myeran
Chlorambucil	2	Leukeran
Cyclophosphamide	1	Cytosan
Estramustine	2	Emcyt

Lomustine	2	CeeNu
Melphalan	2	Alkeran
Temozolomide	2	Temodar

Antimetabolites

Capecitabine	2	Xeloda
Mercaptopurine	2	Purinethol
Methotrexate (MTX)	1	Rheumatrex, Trexall
Thioguanine	1	Tabloid

Immunomodulators

Lenalidomide	2	Revlimid
Pomalidomide	2	Pomalyst
Thalidomide	2	Thalomid

Kinase Inhibitors

Afatinib	2	Gilotrif
Axitinib	2	Inlyta
Bosutinib	2	Bosulif
Cabozantinib	2	Cometriq
Crizotinib	2	Xalkori
Dabrafenib	2	Tafinlar
Dasatinib	2	Sprycel
Erlotinib	2	Tarceva
Everolimus	2	Afinitor
Imatinib mesylate	2	Gleevec
Lapatinib	2	Tykerb
Nilotinib	2	Tasigna
Pazopanib	2	Votrient
Regorafenib	2	Iclusig
Ruxolitinib	2	Stivarga
Sorafenib	2	Jakafi
Sunitinib	2	Nexavar
Trametinib	2	Mekinist
Vandetanib	2	Caprelsa
Vemurafenib	2	Zelboraf

Topoisomerase Inhibitors

Topotecan caps	2	Hycamtin
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MISCELLANEOUS

Bexarotene caps	2	Targretin
Etoposide caps	2	Etopophos
Hydroxyurea	2	Hydrea
Mitotane	2	Lysodren
Procarbazine	2	Matulane
Tretinoin caps	1	Vesanoid
Vismodegib	2	Erivedge
Vorinostat	2	Zolinza

CARDIOVASCULAR AGENTS

High Blood Pressure: Joint National Committee 8th Report on Prevention, Detection, Evaluation & Treatment

<http://jama.jamanetwork.com/article.aspx?articleid=1791497>

www.ash-us.org/About-Hypertension/Hypertension-Guidelines.aspx

Cardiovascular Diseases: Guidelines for evaluation and management in adults

American College of
Cardiology www.acc.org/guidelines?w_nav=FN

Heart Failure Society of
America www.heartfailureguideline.org

American Heart
Association www.myamericanheart.org

Guidelines for use of **ACE Inhibitors**

American Diabetes
Association <http://www.professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160>

American College of
Cardiology www.acc.org/guidelines?w_nav=FN

American Heart
Association www.myamericanheart.org

JNC-8, 2014 <http://jama.jamanetwork.com/article.aspx?articleid=1791497>

Guidelines for use of **Angiotensin II Receptor Antagonists**

American Diabetes
Association <http://www.professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160>

JNC-8, 2014 <http://jama.jamanetwork.com/article.aspx?articleid=1791497>

Guidelines for use of **Antiarrhythmics and Cardiac Glycosides**

American College of
Cardiology www.acc.org/guidelines?w_nav=FN

2013 Guideline for treatment of **Blood Cholesterol to Reduce Cardiovascular Risk** (ACC/AHA)

<http://www.sciencedirect.com/science/article/pii/S0735109713060282>

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ANGIOTENSIN CONVERTING ENZYME (ACE) INHIBITORS		
Benazepril	2	Lotensin
Captopril	1	Capoten
Enalapril	3	Vasotec
Fosinopril	1	Monopril
Lisinopril	1	Prinivil, Zestril
Perindopril	3	Aceon
Ramipril	2	Altace
Trandolapril	3	Mavik
ACE INHIBITOR/CALCIUM CHANNEL BLOCKER COMBINATIONS		
Amlodipine/benazepril	2	Lotrel
ACE INHIBITOR/DIURETIC COMBINATIONS		
Benazepril/Hydrochlorothiazide	3	Lotensin HCT
Captopril/Hydrochlorothiazide	1	Capozide
Enalapril/Hydrochlorothiazide	3	Vaseretic
Fosinopril/Hydrochlorothiazide	1	Monopril HCT
Lisinopril/Hydrochlorothiazide	2	Zestoretic
ADRENOLYTICS, CENTRAL		
Clonidine, oral, transdermal	2	Catapres
Guanfacine	2	Tenex
ALDOSTERONE RECEPTOR ANTAGONISTS		
Eplerenone	2	Inspra
Spironolactone	2	Aldactone

ANGIOTENSIN II RECEPTOR ANTAGONISTS (ARBs)

Azilsartan medoxomil	3	Edarbi
Candasartan cilexetil	1	Atacand
Eprosartan	1	Teveten
Irbesartan	1	Avapro
Losartan	2	Cozaar
Olmesartan medoxomil	3	Benicar
Telmisartan	3	Micardis
Valsartan	3	Diovan

ANGIOTENSIN II RECEPTOR ANTAGONIST/DIURETIC COMBINATIONS

Irbesartan/Hydrochlorothiazide	1	Avalide
Losartan/Hydrochlorothiazide	3	Hyzaar
Valsartan/Hydrochlorothiazide	3	Diovan HCT

ANTIARRHYTHMICS

Acebutolol	3	Sectral
Amiodarone	2	Cordarone, Pacerone
Disopyramide , Disopyramide ER	2	Norpace, Norpace CR
Dofetilide	2	Tikosyn
Flecainide	2	Tambocor
Ibutilide	3	Corvert
Propafenone , Propafenone ER	2	Rythmol, Rythmol SR
Sotalol , Sotalol AF	2	Betapace, Betapace AF

ANTILIPEMICS***Bile Acid Resins***

Cholestyramine	3	Questran, Questran Light
Colestipol	3	Colestid

Fibrates

Fenofibrate , Fenofibrate micronized	1	Lofibra
Gemfibrozil	2	Lopid

HMG-CoA Reductase Inhibitors

Atorvastatin	2	Lipitor
Lovastatin	1	Mevacor
Pravastatin	3	Pravachol
Simvastatin	1	Zocor
Rosuvastatin	3	Crestor

Niacin

Niacin ER	3	Niaspan
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BETA-BLOCKERS

Acebutolol	2	Sectral
Atenolol	1	Tenormin
Bisoprolol	3	Zebeta
Carvedilol	2	Coreg
Labetalol	1	Trandate
Metoprolol, Metoprolol ER	1	Toprol, Toprol XL
Nadolol	3	Corgard
Pindolol	3	Visken
Propranolol, Propranolol ER	2	Inderal, Inderal LA

BETA-BLOCKER/DIURETIC COMBINATIONS

Atenolol/Chlorthalidone	2	Tenoretic
Bisoprolol/Hydrochlorothiazide	2	Ziac
Metoprolol/Hydrochlorothiazide	2	Lopressor HCT
Nadolol/Bendroflumethiazide	2	Corzide
Propranolol/Hydrochlorothiazide	2	Inderide

CALCIUM CHANNEL BLOCKERS**Dihydropyridines**

Amlodipine	1	Norvasc
Felodipine ER	2	Plendil
Isradipine	3	Dynacirc
Nicardipine	3	Cardene
Nifedipine ER	2	Adalat CC, Procardia XL

Non-dihydropyridines

Diltiazem ER	3	Cardizem CD, Cardizem LA, Tiazac
Verapamil ER	3	Calan SR, verelan, verelan PM

DIGITALIS GLYCOSIDES

Digoxin, Digoxin pediatric elixir	2	Lanoxin
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DIURETICS***Carbonic Anhydrase Inhibitors***

Acetazolamide, Acetazolamide ER	1	Diamox, Diamox Sequels
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Loop Diuretics

Bumetanide	1	Bumex
Furosemide	1	Lasix
Torsemide	3	Demadex

Potassium-sparing Diuretics

Amiloride	1	Midamor
Spironolactone	2	Aldactone

Thiazides and Thiazide-like Diuretics

Chlorthalidone	1	Thalitone
Hydrochlorothiazide	1	Microzide, Esidrix
Indapamide	1	Lozol
Metolazone	3	Zaroxolyn

Diuretic Combinations

Amiloride/Hydrochlorothiazide	1	Moduretic
Spironolactone/Hydrochlorothiazide	3	Aldactazide
Triamterene/Hydrochlorothiazide	2	Dyazide, Maxzide

NITRATES

Oral Isosorbide dinitrate, Isosorbide dinitrate ER	2	Isordil, Dilatrate-SR
Isosorbide mononitrate, Isosorbide mononitrate ER	2	Imdur, Monoket

Sublingual

Nitroglycerin sublingual	2	Nitrostat
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Transdermal

Nitroglycerin transdermal	2	Nitro-Dur
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PULMONARY ARTERIAL HYPERTENSION***Endothelin Receptor Antagonists***

Ambrisentan	2	Letairis
Bosentan	2	Tracleer

Phosphodiesterase Inhibitors

Indication Limitation: Sildenafil
Diagnosis for PAH only

1 Revatio

Prostaglandin Vasodilators

Treprostinil

2 Remodulin

MISCELLANEOUS

Hydralazine

1 Apresoline

Methyldopa

1 Aldomet

Midodrine

1 ProAmatine, Orvaten

Minoxidil

2 Loniten

Ranolazine ER

2 Ranexa

CENTRAL NERVOUS SYSTEM AGENTS

Practice guidelines for **Psychiatric Disorders**

www.psych.org

Practice guidelines for diagnosis and treatment of

Dementia, Epilepsy, Migraine, Multiple Sclerosis, and Parkinson's Disease

www.aan.com/Guidelines/

Guidelines for the evaluation and management of **Attention Deficit Disorder**

www.aacap.org

www.cdc.gov/ncbddd/adhd/guidelines.html

UW Mental Health
Integration Program

<http://integratedcare-nw.org/docs/PCPtraining/AdultADHDSummary-Recommendations.pdf>

Practice parameters & clinical guidelines for evaluation & treatment of **Sleep Disorders & Chronic Insomnia**

www.aasmnet.org/practiceguidelines.aspx

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Trade Name(s)</i>
ANOREXIANTS		
<i>Serotonin 2C Receptor Agonists</i>		
PA Lorcaserin PA: Patient must have trial and failure or contraindication to lower tier medication and must meet criteria of regular follow ups for diet/exercise	3	Belviq
PA Phentermine PA: Patient must meet criteria of regular follow ups for diet/exercise	2	Adipex-P
ANTIANKXIETY AGENTS		
<i>Benzodiazepines</i>		
Alprazolam, Alprazolam ODT	2	Xanax
Chlordiazepoxide	1	Librium
Clorazepate	2	Tranxene T-Tab
Diazepam	2	Valium
Lorazepam	2	Ativan
Oxazepam	1	Serax
<i>Miscellaneous</i>		
Buspirone	1	Buspar
Clomipramine	3	Anafranil
Fluvoxamine	2	Luvox
ANTICONSULSANTS		
Carbamazepine, Carbamazepine ER	3	Tegretol, Tegretol-XR
Clobazam	3	Onfi
Clonazepam	2	Klonopin
Divalproex sodium DR, Divalproex sodium ER, Divalproex sodium sprinkles	3	Depakote, Depakote ER, Depakote sprinkles
Ethosuximide	3	Zarontin
Ezogabine	3	Potiga
Felbamate	3	Felbatol
Up to max dose of 3600 mg/day only Gabapentin	3	Neurontin
Lacosamide	2	Vimpat
Lamotrigine, Lamotrigine ER	2	Lamictal, Lamictal XR
Levetiracetam, Levetiracetam ER	3	Keppra, Keppra XR
Oxcarbazepine	3	Trileptal
Phenobarbital	1	Luminal
Phenytoin, Phenytoin sodium	3	Dilantin infatabs, Dilantin susp, Dilantin caps
Primidone	3	Mysoline
Rufinamide	3	Banzel

Tiagabine	3	Gabitril
Topiramate, Topiramate sprinkle caps	3	Topamax, Topamax sprinkle
Valproic acid	3	Depakene
Zonisamide	3	Zonegran

ANTIDEMENTIA AGENTS

Donepezil, Donepezil ODT	2	Aricept, Aricept ODT
Galantamine, Galantamine ER	3	Razadyne, Razadyne ER
Memantine	2	Nemenda
Rivastigmine	3	Exelon

ANTIDEPRESSANTS

NOTE: Although primarily indicated for depression, some of these are also approved for other indications, including bipolar disorder, obsessive-compulsive disorder, panic disorder, and premenstrual dysphoric disorder.

Monoamine Oxidase Inhibitors (MAOIs)

Phenelzine	2	Nardil
Tranylcypromine	2	Parnate

Selective Serotonin Reuptake Inhibitors (SSRIs)

Citalopram	2	Celexa
Escitalopram	3	Lexapro
Fluoxetine	2	Prozac
Paroxetine HCl, Paroxetine HCl ER	3	Paxil, Paxil CR
Sertraline	2	Zoloft

Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)**Step Therapy & Qty Limit**

Duloxetine delayed release	3	Cymbalta
Desvenlafaxine ER	3	Pristiq
Step therapy includes trial and failure of Effexor XR; Qty Limit: 30 days for 25 mg strength; beyond 30 days, requires billing to an insurance		
Venlafaxine, Venlafaxine ER	2	Effexor, Effexor XR

Tricyclic Antidepressants (TCAs)

Amitriptyline	1	Elavil
Desipramine	2	Norpramin
Doxepin	2	Sinequan
Tier 1 for sleep only (brand) Doxepin	1	Silenor
Imipramine HCl	1	Tofranil
Nortriptyline	2	Pamelor
Protriptyline	3	Vivactil

Miscellaneous Agents

Bupropion, Bupropion ER (12 hour), Bupropion ER (24 hour)	2	Wellbutrin, Wellbutrin SR, Wellbutrin XL
Mirtazapine, Mirtazapine ODT	3	Remeron, Remeron Soltab
Trazodone	1	Desyrel

ANTIPARKINSON AGENTS

Specialty item Apomorphine	3	Apokyn
Benzotropine	1	Cogentin
Bromocriptine	2	Parlodel
Carbidopa/Levodopa, Carbidopa/Levodopa ER, Carbidopa/Levodopa ODT	3	Sinemet, Sinemet CR, Parcopa
Carbidopa/Levodopa/Entacapone	3	Stalevo
Entacapone	3	Comtan
Pramipexole, Pramipexole ER	2	Mirapex, Mirapex ER
Rasagiline mesylate	3	Azilect
Ropinirole	3	Requip
Selegiline	2	Deprenyl
Trihexyphenidyl	1	Artane

ANTIPSYCHOTICS**Atypicals**

Aripiprazole	2	Abilify
Clozapine	3	Clozaril
Lurasidone	3	Latuda
Olanzapine	3	Zyprexa
Quetiapine	2	Seroquel
Quetiapine ER	3	Seroquel XR
Risperidone, Risperidone ODT, Risperidone inj	2	Risperdal, Risperdal M-tab, Risperdal Consta
Ziprasidone	3	Geodon

Miscellaneous

Chlorpromazine	1	Thorazine
Fluphenazine	1	Prolixin
Haloperidol	1	Haldol
Trifluoperazine	1	Stelazine

ATTENTION DEFICIT HYPERACTIVITY DISORDER

Amphetamine/Dextroamphetamine mixed salts, Amphetamine/Dextroamphetamine mixed salts ER	1	Adderall, Adderall XR
Atomoxetine	2	Strattera
Dexmethylphenidate	3	Focalin

	Dextroamphetamine, Dextroamphetamine ER	1	Dexedrine, Dexedrine Spansule
Step Therapy	Lisdexamfetamine	3	Vyvanse
	Step therapy includes trial and failure of Adderall XR or must provide a reason for use that there is concern for abuse		
	Methylphenidate, Methylphenidate ER (twice daily), Methylphenidate ER (once daily)	1	Ritalin, Ritalin LA, Concerta

FIBROMYALGIA

Step Therapy	Pregabalin	2	Lyrica
	Step therapy for neuropathic pain: must try and fail gabapentin (at least 2400 mg/day for at least 1 month)		
	Step therapy for GAD: must try and fail at least 2 FDA approved treatments for anxiety		

MIGRAINE**Ergotamine Derivatives**

	Dihydroergotamine spray	2	Migranal
	Ergotamine/Caffeine	2	Cafergot

Selective Serotonin Agonists

*Qty Limit	Almotriptan	3	Axert
*Qty Limit	Eletriptan	3	Relpax
*Qty Limit	Frovatriptan	3	Frova
*Qty Limit	Naratriptan	3	Amerge
*Qty Limit	Rizatriptan	2	Maxalt
*Qty Limit	Sumatriptan, Sumatriptan inj, Sumatriptan nasal spray	2	Imitrex
*Qty Limit	Zolmitriptan	3	Zomig

*Qty Limit: 18 tablets/cartridges/injections per 30 days

MOOD STABILIZERS

	Lithium carbonate, Lithium carbonate ER	1	Lithobid
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MULTIPLE SCLEROSIS AGENTS

Specialty item	Dalfampridine ER	2	Ampyra
Specialty item	Dimethyl fumarate delayed release	2	Tecfidera
Specialty item	Fingolimod	2	Gilenya
Specialty item	Glatiramer	2	Copaxone
Specialty item	Interferon beta-1a	2	Avonex
Specialty item	Interferon beta-1b	2	Extavia

MUSCULOSKELETAL THERAPY AGENTS

	Baclofen	1	Lioresal
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Cyclobenzaprine	1	Flexeril
Dantrolene	2	Dantrium
Methocarbamol	2	Robaxin
Orphenadrine/Aspirin/Caffeine	1	Orphenadrine Compound
Tizanidine	2	Zanaflex

MYASTHENIA GRAVIS

Pyridostigmine	2	Mestinon
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NARCOLEPSY

Armodafinil	2	Nuvigil
Modafinil	2	Provigil

PSYCHOTHERAPEUTIC - MISCELLANEOUS***Opioid Antagonists***

Naltrexone	2	Revia
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Partial Opioid Agonists

Buprenorphine	2	Subutex
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Partial Opioid Agonist/Opioid Antagonist Combinations

Buprenorphine/Naloxone SL tabs	2	Suboxone, Zubsolv
Buprenorphine/Naloxone SL film	3	Suboxone

Smoking Cessation Agents

Bupropion ER (12-hour)	2	Zyban
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OTC Nicotine polacrilex gum, Nicotine transdermal patch	1	Nicorette, Nicoderm CQ
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Temporarily covered under the Tulalip Benefit Formulary for the first quarter of the 2017 year (January – April). Beyond this time period, patients will be required to receive a referral to the Tobacco Cessation Program at the Tulalip Health Clinic for coverage of Nicotine Replacement Therapy (NRT). If patients choose to opt out of the program, but would still like to try an NRT, they may pay cash price through the Tulalip Pharmacy or any other retail pharmacy.

340B Restriction; *Qty Limit

Varenicline	2	Chantix
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*Qty Limit: 180 days per year

SEDATIVES AND HYPNOTICS***Benzodiazepines***

Flurazepam	2	Dalmane
Temazepam	3	Restoril
Triazolam	3	Halcion

Non-Benzodiazepines

*Qty Limit, **PA Zaleplon	3	Sonata
*Qty Limit, **PA Zolpidem, Zolpidem ER	3	Ambien, Ambien CR
*Qty Limit, **PA Eszopiclone	3	Lunesta
*Qty Limit: 15 tablets per 30 days		
**PA: If needing more than quantity limit allows, must be evaluated by sleep clinic		

Melatonin Receptor Agonist

Ramelteon	2	Rozerem
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MISCELLANEOUS

Riluzole	3	Rilutek
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ENDOCRINE and METABOLIC AGENTSClinical practice guidelines for treatment of **Hypogonadism**

American Association of
Clinical Endocrinologists <http://resources.aace.com/>

Guidelines for treatment and management of **Diabetes**

American Diabetes
Association www.professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160

Guidelines for treatment and management of **Osteoporosis**

American Association of
Clinical Endocrinologists <http://resources.aace.com/>

National Osteoporosis
Foundation <http://nof.org/hcp/resources/4028>

Guidelines for treatment and Management of **Hormone Therapy and Menopause**

North American
Menopause Society www.menopause.org/for-professionals

Guidelines for use of **Human Growth Hormone**

www.aace.com/publications/guidelines

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ANDROGENS		
Testosterone cypionate, injection	1	Depo-Testosterone
Testosterone enanthate, injection	1	Delatestryl
Testosterone, gel	2	Fortesta
Testosterone solution	2	Axiron
Testosterone, transdermal patch	2	Androderm
ANTIDIABETIC AGENTS		
<i>Alpha-glucosidase inhibitors</i>		
Acarbose	1	Precose
<i>Biguanides</i>		
Metformin, Metformin ER	1	Glucophage, Glucophage XR
<i>Biguanide/Sulfonylurea Combinations</i>		
Glipizide/Metformin	2	Metaglip
Glyburide/Metformin	1	Glucovance
<i>Dipeptidyl Peptidase-4 (DPP-4) Inhibitors</i>		
Sitagliptin	3	Januvia
Linagliptin	3	Tradjenta
<i>Incretin Mimetic Agents</i>		
Exenatide, Exenatide ER	3	Byetta, Bydureon

340B Restriction; *Max dose restrictions

Liraglutide	3	Victoza
*Max dose: 1.8 mg daily		

Insulins

Insulin aspart	2	Novolog
Insulin aspart protamine 70% / insulin aspart 30%	2	Novolog Mix 70/30
Insulin detemir	2	Levemir
Insulin glargine	2	Lantus
OTC Insulin human	2	Humulin R
Insulin human, concentrated	2	Humulin R U-500
OTC Insulin isophane human	2	Novolin N
OTC Insulin isophane human 70% / regular 30%	2	Novolin 70/30
Insulin lispro	2	Humalog
Insulin lispro protamine / insulin lispro mix	2	Humalog mix

Insulin Sensitizers

Pioglitazone	1	Actos
Rosiglitazone	3	Avandia

Insulin Sensitizer/Biguanide Combinations

Pioglitazone/metformin	2	Actoplus Met
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Insulin Sensitizer/Sulfonylurea Combinations

Pioglitazone/glimepiride	3	Duetact
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Sulfonylureas

Glimepiride	3	Amaryl
Glipizide, Glipizide ER	2	Glucotrol, Glucotrol XL
Glyburide, Glyburide micronized	1	Diabeta, Micronase

Sodium-glucose cotransporter 2 (SGLT2) inhibitor

Step therapy Empagliflozin	3	Jardiance
Step therapy includes documented trial and failure or contraindication to metformin + 2 additional antidiabetic agents		

Supplies

NOTE: OneTouch meter will be provided at no charge to individuals using a different meter.

Call 1-800-588-4456. Limited to those with CVS Caremark Mail Service Pharmacy benefits

Albustix	2	
Glucose monitoring kits, test strips	2	OneTouch kits, TrueMetrix kits, strips

Indication Limitation:
only approved for uncontrolled diabetes at initiation; patient on insulin, or A1C >9%, and supposed to be checking blood sugars 3-4 times/day. If a sensor falls off, the patient must call the manufacture for a replacement. If the sensor has to be replaced more than 3 times in 6 months, patient must have an appointment for re-education.

Continuous Glucose Monitoring (CGM) system	3	Freestyle Libre System (1 reader per year and 3 sensors per month) only
Insulin syringes, needles	2	BD Insulin syringes, needles
Lancets	1	Lancets
Sharps container		
Pill cutter		
Spacer for inhalers		
KetoStix	1	
Alcohol wipes	1	

Indication Limitation:
only approved to be used with Freestyle Libre sensors after patient education on application and a failed attempt to stay on

Adhesive 4x4 3/4"	3	Tegaderm only
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CALCIUM REGULATORS

Bisphosphonates

Alendronate	1	Fosamax
Ibandronate	3	Boniva
Risedronate DR	2	Atelvia

CONTRACEPTIVES

EE = Ethinyl estradiol

ME = Mestranol

Monophasic

15 mcg Estrogen

340B Restriction Etonogestrel/EE 0.12/15/24 hr vaginal ring

3 NuvaRing

20 mcg Estrogen

Drospirenone/EE 3/20

3 Yaz

Levonorgestrel/EE 0.1/20

1 Lessina

Norethindrone acetate/EE 1/20

3 Loestrin 1/20

Norethindrone acetate/EE + iron 1/20

3 Loestrin Fe 1/20

30 mcg Estrogen

Desogestrel/EE 0.15/30

3 Ortho-Cept

Drospirenone/EE 3/30

3 Yasmin

Levonorgestrel/EE 0.15/30

1 Levora

Norethindrone acetate/EE 1.5/30

3 Loestrin 1.5/30

Norethindrone acetate/EE + iron 1.5/30

3 Loestrin Fe 1.5/30

Norgestrel/EE 0.3/30

1 Low-Ogestrel

35 mcg Estrogen

Ethinodiol diacetate/EE 1/35

1 Zovia 1/35

Norethindrone/EE 0.5/35

3 Brevicon, Modicon

Norethindrone/EE 1/35

3 Ortho-Novum 1/35, Norinyl 1+35

Norgestimate/EE 0.25/35

3 Ortho-Cyclen

Copay Only Norelgestromin/EE 0.15mg/35mcg

3 Xulane transdermal patch

50 mcg Estrogen

Ethinodiol diacetate/EE 1/50

1 Zovia 1/50

Norethindrone/ME 1/50

3 Norinyl 1+50

Biphasic

Desogestrel/EE

2 Mircette

Triphasic

Desogestrel/EE

3 Cyclessa

Levonorgestrel/EE

1 Trivora

Norethindrone/EE

3 Ortho-Novum 7/7/7, Tri-Norinyl

Norgestimate/EE

3 Ortho Tri-Cyclen

Norgestimate/EE (low)

2 Ortho Tri-Cyclen Lo

Progestin Only

Norethindrone	2	Nor-QD, Micronor
<i>Injectable</i>		
Medroxyprogesterone acetate 150 mg/mL	2	Depo-Provera
<i>Extended cycle</i>		
Levonorgestrel/EE 0.15/30	1	Jolessa
<i>Emergency Contraception</i>		
Levonorgestrel 0.75 mg	2	Plan B, Next Choice
Levonorgestrel 1.5 mg	2	Plan B One-Step
Ulipristal	3	Ella

ENDOMETRIOSIS

Danazol	1	Danocrine
Nafarelin	2	Synarel

ESTROGENS*Oral*

Estradiol	1	Estrace
Estrogens, conj	2	Premarin
Estropipate	1	Ogen

Transdermal

Estradiol	1	Climara
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Vaginal

Estradiol vaginal cream	3	Estrace
Estradiol vaginal tabs	2	Vagifem

ESTROGEN/PROGESTINS*Oral*

EE/Norethindrone acetate	2	Femhrt 0.5-2.5
EE/Norethindrone acetate	1	Jinteli
Estradiol/Norethindrone	1	Mimvey, Activella

Transdermal

Estradiol/Norethindrone acetate	2	Combipatch
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CORTICOSTEROIDS*Glucocorticoids*

Dexamethasone	1	Decadron
Hydrocortisone	2	Cortef

Methylprednisolone	2	Medrol
Prednisolone sodium phosphate	2	Orapred
Prednisolone syrup	2	Prelone
Prednisone	1	Deltasone

Mineralocorticoids

Fludrocortisone	1	Florinef
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GLUCOSE ELEVATING AGENTS

Glucagon, human recombinant	2	Glucagon kit
OTC Glucose chewable tabs, gel	1	Dex-4, Glucose

HUMAN GROWTH HORMONES

Specialty item Somatropin	2	Humatrope
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HYPERPARATHYROID TREATMENT, VITAMIN D ANALOGS

Calcitriol (1,25-D3)	2	Rocaltrol
Doxercalciferol	2	Hectorol
Paricalcitol	2	Zemplar

PHOSPHATE BINDER AGENTS

Calcium acetate	2	Phoslo
Sevelamer carbonate	2	Renvela

PROGESTINS**Oral**

Medroxyprogesterone acetate	3	Provera
Norethindrone acetate	3	Aygestin
Progesterone, micronized	3	Prometrium

Vaginal

Progesterone gel	3	Crinone
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SELECTIVE ESTROGEN RECEPTOR MODULATORS

Ospemifene	2	Osphena
Raloxifene	3	Evista

THYROID AGENTS**Antithyroid Agents**

Methimazole	2	Tapazole
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Propylthiouracil (PTU) 1

Thyroid Supplements

Levothyroxine 1 Synthroid, Levoxyl

Thyroid, dessicated 2 Armour Thyroid, Nature-throid

VASOPRESSINS

Desmopressin, oral, nasal spray 2 DDAVP

MISCELLANEOUS

Cabergoline 1 Dostinex

GASTROINTESTINAL AGENTS

Guidelines for treatment and management of various **Gastrointestinal Disease/Conditions**

<http://gi.org/clinical-guidelines/>

www.gastro.org/practice/medical-position-statements

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ANTACIDS, ACID REDUCTION, AND GAS RELIEF		
OTC Antacid, aluminum-magnesium chewable	1	Gaviscon
OTC Antacid, aluminum-magnesium + simethicone liquid	1	Mylanta, Rulox
OTC Antacid, calcium carbonate chewable	1	Tums
OTC Bismuth subsalicylate chewable	1	Pepto Bismol
OTC Simethicone chewable, drops (Ped)	1	Gas Relief
OTC Magnesium hydroxide suspension	1	Milk of Magnesia
ANTIDIARRHEALS		
Diphenoxylate/Atropine	2	Lomotil
Loperamide	1	Immodium
ANTIEMETICS		
Aprepitant	3	Emend
Dronabinol	3	Marinol
Granisetron	3	Kytril
Meclizine	2	Antivert
Metoclopramide	1	Reglan
Ondansetron, Ondansetron ODT	3	Zofran, Zofran ODT

Prochlorperazine	1	Compazine
Promethazine	1	Phenergan
Trimethobenzamide	3	Tigan

ANTISPASMODICS

Dicyclomine	2	Bentyl
Hyoscyamine sulfate, Hyoscyamine sulfate ER, Hyoscyamine sulfate ODT	2	Levsin, Levbid

CHOLELITHOLYTICS

Ursodiol		Actigall, Urso
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H PYLORI TREATMENT

Quadruple therapy combo pack (Bismuth subcitrate potassium, metronidazole, and tetracycline Hcl; PPI prescribed separately) <i>Note: The individual components of both triple and quadruple therapy are listed elsewhere on the formulary.</i>	1	Pylera
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H₂ RECEPTOR ANTAGONISTS

Famotidine (Rx), Famotidine (OTC)	1	Pepcid
Ranitidine (Rx), Ranitidine (OTC)	1	Zantac

INFLAMMATORY BOWEL DISEASE**Oral Agents**

Budesonide delayed release	1	Entocort EC
Mesalamine ER	2	Apriso
Sulfasalazine, Sulfasalazine delayed release	1	Azulfidine, Azulfidine En-Tabs

Rectal Agents

Hydrocortisone enema, supp	1	Colocort, Hemril, Proctocort
Mesalamine rectal susp, supp	3	Rowasa, Canasa

IRRITABLE BOWEL SYNDROME (IBS)**IBS with Constipation**

Prescriber note: Lubiprostone	2	Amitiza
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* For safety reasons, to prescribe Lotronex, the physician must be enrolled in the Prescribing Program for Lotronex. Physicians must understand the benefits and risks of treatment with Lotronex for severe diarrhea-predominant IBS, including the information in the Prescribing Information, Medication Guide and Patient-Physician Agreement for Lotronex. To enroll or for more information on the Prescribing Program for Lotronex, call toll-free: 1-888-423-5227 or visit www.lotronex.com to complete the Physician Enrollment Form.

IBS with Diarrhea

Alosetron

2 Lotronex

LAXATIVES

OTC Bisacodyl tabs, supps	1	Dulcolax
OTC Calcium polycarbophil	2	Fiber
OTC Docusate sodium caps, liquid	1	DSS, Colace
OTC Glycerin supps	2	
Lactulose	2	Constulose, Enulose
OTC Magnesium citrate soln	2	
OTC Methylcellulose	2	Citrucel
Polyethylene glycol (PEG) 3350/Electrolytes	2	CoLyte, GaviLyte, GoLYTELY, NuLYTELY, etc
OTC Polyethylene glycol 3350	2	Miralax
OTC Prebiotic fiber gummies	2	Fiber Well Gummies
OTC Psyllium husk	1	Metamucil
OTC Saline enema	1	Fleet
OTC Senna	1	Senokot

PANCREATIC ENZYMES

Pancrelipase delayed release	2	Creon, Pancreaze, Zenpep
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PROSTAGLANDINS

Misoprostol	2	Cytotec
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PROTON PUMP INHIBITORS

Dexlansoprazole	3	Dexilant
OTC Esomeprazole	3	Nexium
OTC Lansoprazole, Lansoprazole soluble tabs	2	Prevacid, Prevacid Solutab
Omeprazole delayed release (Rx), Omeprazole granules (Rx), Omeprazole magnesium delayed release (OTC)	1	Prilosec
Omeprazole/sodium bicarbonate (Rx), Omeprazole/sodium bicarbonate (OTC)	3	Zegerid
Pantoprazole delayed release	1	Protonix
Rabeprazole	2	Aciphex

SALIVA STIMULANTS

Pilocarpine	2	Salagen
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STEROIDS, RECTAL

Hydrocortisone cream		Anusol-HC
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MISCELLANEOUS

Glycopyrrolate	1	Cuvposa
Oral rehydration fluid	1	Pedialyte, Oralyte
Sucralfate	2	Carafate

GENITOURINARY AGENTS

Guidelines for management of **Benign Prostatic Hyperplasia (BPH) and other Urologic Conditions**

American Urological
Association www.auanet.org/guidelines

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
BENIGN PROSTATIC HYPERPLASIA		
Doxazosin	2	Cardura
Dutasteride	3	Avodart
Finasteride	2	Proscar
Tamsulosin	1	Flomax
Terazosin	1	Hytrin
URINARY ANTISPASMODICS		
Oxybutnin, Oxybutnin ER	1	Ditropan, Ditropan XL
Trospium	1	Sanctura
VAGINAL ANTI-INFECTIVES		
Clindamycin cream, Clindamycin supps	3	Cleocin-Vaginal
OTC Clotrimazole vaginal cream	2	Gyne-Lotrimin
Metronidazole	2	Metrogel-Vaginal
OTC Miconazole vaginal cream, supps	1	Monistat
MISCELLANEOUS		
Bethanechol	2	Urecholine
Phenazopyridine	1	Pyridium
Potassium citrate ER	1	Urocit-K

HEMATOLOGIC AGENTSGuidelines for prevention and treatment of **Thromboses**

American College of <http://journal.publications.chestnet.org/issue.aspx?journal=99&issueid=23443&direction=P>
 Chest Physicians

	Generic Name(s)	Tier	Brand Name(s)
ANTICOAGULANTS			
Injectable			
	Enoxaparin	2	Lovenox
Oral			
	Apixaban	3	Eliquis
	Dabigatran	2	Pradaxa
	Rivaroxaban	3	Xarelto
	Warfarin	1	Coumadin
Synthetic Heparinoid-like Agents			
	Fondaparinux	2	Arixtra
PLATELET AGGREGATION INHIBITORS			
	OTC Aspirin	1	
	Clopidogrel	1	Plavix
	Dipyridamole	1	Persantine
	Dipyridamole ER/Aspirin	2	Aggrenox
	Prasugrel	3	Effient
	Ticagrelor	3	Brilinta
PLATELET SYNTHESIS INHIBITORS			
	Anagrelide	2	Agrylin
MISCELLANEOUS			
	Cilostazol	2	Pletal

IMMUNOLOGIC AGENTSGuidelines for management of **Rheumatic Diseases**

American College of Rheumatology www.rheumatology.org/Practice/Clinical/Guidelines/Clinical_Practice_Guidelines/

Practice and treatment guidelines for **hepatitis** (CDC) and **chronic hepatitis** (AASLD)

CDC www.cdc.gov/hepatitis/Resources

American Association for the Study of Liver Disease www.aasld.org/publications/practice-guidelines-0

<i>Generic Name(s)</i>	Tier	<i>Brand Name(s)</i>
BIOLOGIC DISEASE-MODIFYING AGENTS		
Specialty item Adalimumab	3	Humira
Specialty item Etanercept	3	Enbrel
DISEASE-MODIFYING ANTIRHEUMATIC DRUGS (DMARDs)		
Hydroxychloroquine	2	Plaquenil
Leflunomide	2	Arava
Methotrexate	2	Rheumatrex, Trexall
IMMUNOMODULATORS		
Interferons		
Specialty item Peginterferon alfa-2b	2	PegIntron
IMMUNOSUPPRESSANTS		
Antimetabolites		
Azathioprine	2	Imuran
Mycophenolate mofetil	2	Cellcept
Calcineurin Inhibitors		
Cyclosporine, modified	2	Neoral
Tacrolimus	2	Prograf
Rapamycin Derivatives		
Everolimus	2	Zortress
Sirolimus	2	Rapamune

NUTRITIONAL SUPPLEMENTATION

<i>Generic Name(s)</i>	<i>Tier</i>	<i>Brand Name(s)</i>
ELECTROLYTES, MINERALS, and VITAMINS		
Calcium and Calcium/Vitamin D		
OTC Calcium carbonate chewable	1	Tums
OTC Calcium carbonate/Vitamin D tabs	1	Caltrate + D
OTC Calcium citrate	2	Calcitrate
OTC Calcium citrate/Vitamin D	3	Citracal
OTC - Prescriber must specify need for chewable form on rx Calcium/Vitamin D chewable	3	
Fluoride and Fluoride Combinations		
Fluoride drops, tabs	1	
Multivitamins/Fluoride drops, tabs	1	Poly-Vi-Flor
Multivitamins/Fluoride/Iron drops, tabs	1	Poly-Vi-Flor + Iron
Vitamins A, D, C/Fluoride drops	1	Tri-Vi-Flor
Vitamins A, D, C/Fluoride/Iron drops	1	Tri-Vi-Flor + Iron
Iron		
OTC Ferrous fumarate	2	Ferrocite
OTC Ferrous gluconate	1	Fergon
OTC Ferrous sulfate	1	Feosol
OTC Iron polysaccharide	2	Niferex
Magnesium		
OTC Magnesium oxide	1	
OTC Magnesium L-lactate dihydrate SR	2	Mag-tab SR
Potassium		
Potassium chloride ER, Potassium chloride liquid	1	Klor-Con, Micro-K, Kaon
Sodium		
OTC Sodium bicarbonate	1	
B Vitamins and Folic Acid		
OTC Vitamin B-1 (Thiamin)	1	
OTC Vitamin B-2 (Riboflavin)	1	
OTC Vitamin B-3 (Niacin/Inositol/No Flush Niacin)	1	
OTC Vitamin B-6 (Pyridoxine)	1	
OTC Cyanocobalamin (Vitamin B-12) tabs	1	

	Cyanocobalamin (Vitamin B-12) inj	1	
	Folic acid (Rx)	1	
	L-methylfolate	3	Deplin
Vitamin C			
	OTC Vitamin C (Ascorbic acid)	1	
Vitamin D			
	OTC Cholecalciferol (D3)	1	
	OTC Cholecalciferol (D3) infant drops	2	D-Vi-Sol
	OTC Cholecalciferol (D3), high potency	2	D3-50
	Ergocalciferol (D2)	2	Drisdol
Vitamin E			
	OTC Vitamin E (d/-alpha-tocopherol)	1	
Vitamin K			
	Phytonadione (Vitamin K1) (Rx)	2	Mephyton
	OTC Phytonadione (Vitamin K1) tabs	1	
B complex and Folic Acid Combinations			
	OTC B-Complex	1	
	OTC B-Complex, high potency	2	
	OTC B-Complex/Vitamin C/folic acid	2	
	OTC Folic acid/Vitamin B6/Vitamin B12	2	
	L-methylfolate/Pyridoxal 5'-Phosphate/Methylcobalamin	3	Metanx, Foltanx
Multivitamins			
	B Complex/Folic Acid/Vitamin C (for renal patients)	2	Nephro caps, Renal vite
	Multivitamin	1	Daily Vite
Multivitamins/Minerals			
	OTC Children's Multivitamin/Iron chew	1	Flintstones
	OTC Multivitamins/Minerals (No Iron)	1	Centrum Silver, Cerovite Sr
	OTC Multivitamins/Minerals/Iron	1	Centrum, Cerovite
	OTC Vitamins A, D, C	1	Tri-Vi-Sol
	OTC Vision support multiple vitamin + lutein, zeaxanthine, omega-3s	2	Ocuvite 50+, PreserVision AREDS 2
Prenatal Vitamins			
	Prenatal vitamins/DHA/Docusate/Folic Acid (Rx)	3	Citranatal DHA, Citranatal Harmony
	Prenatal vitamins/Docusate/Folic Acid (Rx)	2	Citranatal Rx

Prenatal vitamins/Docusate/Folic Acid + DHA (Rx)	3	Citranatal Assure
Prenatal vitamins/Folic acid + Pyridoxine (Rx)	3	Citranatal B-Calm
Prenatal vitamins/Minerals (Rx)	1	Prenatab, Prenavite
Chewable prenatal vitamins/minerals	2	SE-Natal 19
Miscellaneous Dietary Supplements		
OTC Coenzyme Q-10	3	
OTC Fish oil with DHA, EPA (omega-3 fatty acids)	2	
OTC Fish oil with DHA, EPA, chewable	3	
OTC Glucose chewable tabs, gel	1	Dex-4, Glucose
OTC Glucosamine sulfate	2	
OTC Glucosamine sulfate/Chondroitin Sulfate	1	
OTC Glucosamine HCl/Chondroitin/MSM/Boswellia + Boron	3	Osteo Biflex
OTC Melatonin	1	
OTC N-Acetyl Cysteine	2	
OTC Probiotic (<i>Lactobacillus GG</i>)	2	Culturelle, Align

RESPIRATORY AGENTS

Guidelines and information for prevention, treatment or management of **Allergies, COPD, and Asthma**

American Academy of
Allergy, Asthma &
Immunology

www.aaaai.org

Global Initiative for
Asthma

www.goldcopd.org/Guidelines/guidelines-resources.html

Global Initiative for
Chronic Obstructive
Lung Disease

www.goldcopd.com

National Heart, Lung &
Blood Institute

www.nhlbi.nih.gov/health-pro

<i>Generic Name(s)</i>	Tier	<i>Brand Name(s)</i>
ANAPHYLAXIS TREATMENT AGENTS		
Epinephrine, Epinephrin auto-injection pen	2	EpiPen, EpiPen Jr
ANTICHOLINERGICS		
Ipratropium inhalation soln	1	Atrovent nebulizer solution
340B Restriction Ipratropium	1	Atrovent HFA
340B Restriction Tiotropium	2	Spiriva Handihaler and Respimat

ANTICHOLINERGIC/BETA AGONIST COMBINATIONS

Ipratropium/Albuterol nebulizer soln, Ipratropium/Albuterol HFA	2	Duoneb, Combivent Respimat
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ANTIHISTAMINES, LOW SEDATING

OTC Cetirizine	1	Zyrtec
OTC Cetirizine chew, liquid	2	Zyrtec

ANTIHISTAMINES, NON-SEDATING

OTC Fexofenadine	3	Allegra
OTC Loratadine	1	Claritin
OTC Loratadine ODT	3	Claritin Reditabs
OTC Loratadine chew, liquid	2	Claritin

ANTIHISTAMINES, SEDATING

OTC Chlorpheniramine	1	Chlor-Trimeton
Cyproheptadine	2	Periactin
Diphenhydramine	1	Benadryl
OTC Doxylamine	3	Unisom
Hydroxyzine HCl	1	Atarax
Hydroxyzine pamoate	1	Vistaril

ANTIHISTAMINE/DECONGESTANT COMBINATIONS

OTC Cetirizine/Pseudoephedrine ER	3	Zyrtec-D 12 hour
OTC Fexofenadine/Pseudoephedrine ER	3	Allegra-D
OTC Loratadine/Pseudoephedrine ER	3	Claritin-D

ANTITUSSIVES

Benzonatate	2	Tessalon
OTC Dextromethorphan polisirex ER	2	Delsym

ANTITUSSIVE COMBINATIONS*Opioid*

Codeine/Guaifenesin liquid	1	Cheratussin, Robitussin A-C
Codeine/Promethazine	1	Phenergan + Codeine
OTC Dextromethorphan/guaifenesin	2	Robitussin DM, Mucinex DM
Hydrocodone/Homatropine	1	Hycodan

BETA AGONISTS

Inhalants
Short Acting

	Albuterol nebulizer soln, Albuterol HFA	1	Accuneb, ProAir HFA
	Levalbuterol nebulizer soln	3	Xopenex solution
	<i>Long Acting</i>		
	Formoterol inhal. caps, Fomoterol inhal. soln	2	Foradil, Perforomist
CYSTIC FIBROSIS			
	Specialty item Tobramycin inhalation powder, Tobramycin inhalation soln	3	Tobi Podhaler, Tobi nebulizer soln
DECONGESTANTS			
	OTC Pseudoephedrine	2	Sudafed, Silfedrine
EXPECTORANTS			
	OTC Guaifenesin, Guaifenesin ER	1	Robitussin, Mucinex
LEUKOTRIENE RECEPTOR ANTAGONISTS			
	Montelukast	2	Singulair
NASAL ANTIHISTAMINES			
	Azelastine spray	2	Astelin, Astepro
NASAL DECONGESTANTS			
	OTC Oxymetazoline HCl spray	1	Afrin
NASAL STEROIDS			
	Flunisolide spray	3	Nasalide
	Fluticasone spray	2	Flonase
	Triamcinolone acetonide spray	1	Nasacort AQ
STEROID/BETA AGONIST COMBINATIONS			
	340B Restriction Budesonide/Formoterol	2	Symbicort
	Fluticasone/Salmeterol, Fluticasone/Salmeterol HFA	2	Advair, Advair HFA
	340B Restriction Mometasone/Formoterol	2	Dulera
STEROID INHALANTS			
	Budesonide MDI	2	Pulmicort Flexhaler
	Budesonide inh susp	3	Pulmicort Respules
	Fluticasone HFA	2	Flovent HFA
	Mometasone	2	Asmanex
XANTHINES			
	Theophylline ER	1	Theo-Dur

MISCELLANEOUS

OTC, Peds only	Camphor/Eucalyptus/Menthol	2	Vick's Vapo Rub
OTC	Glycerin/Phenol throat spray	3	Chloraseptic
	Ipratropium nasal spray	2	Atrovent nasal
OTC	Saline nasal spray (0.65%)	1	Ocean, Deep Sea
			Cepacol Extra Strength Sore Throat/Chloraseptic Max Sore
OTC	Benzocaine and menthol lozenges	2	Throat

TOPICAL AGENTS

Guidelines for treatment and management of **Acne Vulgaris, Psoriasis, and Atopic Dermatitis**

American Academy of Dermatology www.aad.org/education-and-quality-care/clinical-guidelines

Preferred practice pattern guidelines for treatment of **Ophthalmic Conditions**

American Academy of Ophthalmology <http://one.aao.org/guidelines-browse>

Clinical practice guidelines for diagnosis and treatment of **Otitis Media**

American Academy of Pediatrics <http://pediatrics.aappublications.org>

Generic Name(s)		Tier	Brand Name(s)
DERMATOLOGY			
Acne			
<i>Oral</i>			
	Isotretinoin	3	Amnesteem, Claravis
<i>Topical</i>			
OTC	Benzoyl peroxide	2	Benzac AC
	Benzoyl peroxide/Clindamycin	2	Benzaclin
	Clindamycin gel, lotion, solution	3	Cleocin T
	Erythromycin gel, solution (2%)	1	Erygel, Staticin
	Erythromycin/benzoyl peroxide	2	Benzamycin

* Indication Limitation: only approved for diagnosis of acne; OTC	Facial cleanser	1 Cetaphil*
* Indication Limitation: only approved for diagnosis of acne; must also have an active prescription for acne medication; OTC	Non-comedogenic facial lotion with SPF	1 Cetaphil* SPF 15; CeraVe* SPF 30 and 50
	Sulfacetamide lotion (10%)	2 Klaron
	Sulfacetamide/sulfur cream, gel, lotion, pads	2 SSS, Plexion
Indication Limitation: only approved for diagnosis of acne	Tretinoin	3 Retin-A, Avita
Actinic Keratosis		
	Fluorouracil cream (5%), soln (2%, 5%)	1 Carac, Efudex, Fluoroplex
	Imiquimod cream	2 Aldara
Antibiotics		
	OTC Bacitracin oint	1 Baciguent
	OTC Bacitracin/polymyxin B oint	1 Polysporin
	Mupirocin	2 Bactroban
	Mupirocin nasal	3 Bactroban nasal
	OTC Neomycin/bacitracin/polymyxin B oint	1 Neosporin
	Silver sulfadiazine	2 Silvadene
Antimicrobial agents, Miscellaneous Topical		
	Acyclovir, topical	2 Zovirax
	Chlorhexidine, topical	2 Hibiclens
Antifungals		
	Ciclopirox	2 Loprox
	OTC Clotrimazole	1 Lotrimin
	Econazole	2 Spectazole
	Ketoconazole	3 Nizoral
	OTC Miconazole cream	1 Micatin
	Nystatin	1 Mycostatin, Nyamyc

OTC Terbinafine, topical

2 Lamisil

Antipsoriatics

Topical

Calcipotriene

2 Dovonex

Antiseborrheics

Ketoconazole shampoo (2%)

2 Nizoral

OTC Selenium sulfide shampoo (1%)

1 Selsun

Selenium sulfide lotion (2.5%)

1 Selsun

Corticosteroids**Low Potency**

Desonide cream, lotion, oint (0.05%)	2	Desowen
Fluocinolone acetonide soln (0.01%)	1	Synalar
Hydrocortisone (Rx), Hydrocortisone (OTC)	1	Cortaid
OTC Hydrocortisone acetate (0.5%, 1%)	1	Lanacort

Medium Potency

Betamethasone valerate+B1570:D1586B1570B1570:D1583	1	Diprolene, Valisone
Desoximetasone	2	Topicort LP
Fluocinolone acetonide cream, oint (0.025%)	1	Synalar
Fluticasone propionate cream (0.05%), oint (0.005%)	2	Cutivate
Hydrocortisone butyrate cream, oint, soln (0.1%)	2	Locoid
Hydrocortisone valerate cream, oint (0.2%)	3	Westcort
Mometasone cream, lotion, oint (0.1%)	3	Elocon
Triamcinolone acetonide cream, lotion (0.025%), cream, lotion, oint (0.1%)	1	Aristocort, Kenalog

High Potency

Betamethasone dipropionate cream, lotion, oint (0.05%)	1	Diprosone
Betamethasone dipropionate, augmented cream, lotion (0.05%)	3	Diprolene AF
Fluocinonide cream, gel, oint, soln (0.05%)	1	Lidex
Triamcinolone acetonide cream (0.5%)	1	Kenalog

Very High Potency

Betamethasone dipropionate, augmented gel, oint (0.05%)	2	Diprolene
Clobetasol propionate cream, foam, gel, lotion, oint (0.05%)	1	Temovate, Olux, Clobex
340B Restriction Clobetasol shampoo (0.05%)	2	Clobex

Emollients

Ammonium lactate (12%)	2	Lac-Hydrin
OTC Emollient cream	2	Eucerin, Hydrocerin, Minerin

Immunomodulators

Pimecrolimus	2	Elidel
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	Tacrolimus	2	Protopic
Rosacea			
	Metronidazole, topical	2	Metrogel
Scabicides and Pediculocides			
	Ivermectin, topical	3	Sklice
	Malathion	3	Ovide
	Permethrin cream rinse (1%) (OTC), cream (5%) (Rx)	1	Nix, Elimite
	OTC Pyrethrins/Piperonyl butoxide	1	Good Sense Complete, Rid
	OTC Permethrin bedding spray	3	

MISCELLANEOUS TOPICALS

OTC Astringent, aluminum acetate	2	Domeboro
OTC Petrolatum 41%	2	Aquaphor
OTC Salicylic acid	1	Compound W, Mediplast
OTC Sunscreen, 45 SPF containing avobenzone/homosalsalate/octisalate/oxybenzone	1	No Ad
OTC Vitamin A & D ointment	1	A & D
OTC White petrolatum	1	Vaseline
OTC Zinc Oxide ointment, paste	1	Desitin

LOCAL ANALGESICS & ANESTHETICS, TOPICAL

OTC Camphor/Menthol/Methyl salicylate patch	2	Salonpas
OTC Capsaicin cream (0.025%, 0.075%)	1	Trixaicin
OTC Capsaicin patches (0.025%)	2	Salonpas-HOT
Lidocaine cream (4%), gel (2%), oint (5%), soln (4%)	2	Curacaine, Anecream, Lido Rx
Step Therapy Lidocaine patches (5%)	3	Lidoderm
Step therapy includes documented trial and failure of 3 other oral or topical pain medications		
OTC Menthol gel (4%)	2	Biofreeze
OTC Menthol/Methyl salicylate cream (10%/30%)	1	Icy Hot

MOUTH/THROAT/DENTAL AGENTS**Anesthetics - Topical Oral**

Lidocaine viscous (2%)	1	Xylocaine
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Antimicrobials - Topical Oral

Chlorhexidine mouth rinse (0.12%)	1	Peridex
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Clotrimazole troches	2	Mycelex
Nystatin suspension	2	Mycostatin

Flouride - Topical

Sodium fluoride cream, gel	1	Prevident, Denta
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Steroids - Mouth/Throat

Triamcinolone paste	2	Kenalog in Orapaste, Oralone
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OPHTHALMIC**Antiallergics**

Cromolyn sodium	1	Opticrom
OTC Ketotifen	2	Zaditor
Olopatadine	3	Pataday, Patanol

Antifungals

Natamycin	3	Natacyn
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Anti-infectives

Bacitracin	1	AK-Tracin
Bacitracin/Polymyxin B	1	AK-Poly-Bac, Polycin
Ciprofloxacin	1	Ciloxan
Erythromycin	1	Ilotycin
Gentamicin	1	Garamycin Ophth., Genoptic
Levofloxacin	3	Quixin
Moxifloxacin	3	Vigamox
Neomycin/Polymyxin B/Gramicidin	1	Neosporin
Ofloxacin	1	Ocuflox
Polymyxin B/Trimethoprim	1	Polytrim
Sulfacetamide soln (10%)	2	Bleph-10
Tobramycin	2	Tobrex

Anti-infective/Anti-inflammatory Combinations

Neomycin/Polymyxin B/Bacitracin/Hydrocortisone oint	3	Cortisporin Ophth oint
Neomycin/Polymyxin B/Dexamethasone	1	Maxitrol
Neomycin/Polymyxin B/Hydrocortisone susp	3	Cortisporin Ophth susp
Sulfacetamide/Prednisolone phosphate	1	Blephamide
Tobramycin/Dexamethasone susp (0.3%/0.1%)	2	Tobradex

Anti-inflammatories***Nonsteroidal***

Diclofenac sodium	1	Voltaren
Ketorolac (0.5%)	1	Acular

Steroidal

Dexamethasone sodium phosphate	2	Decadron
Fluorometholone susp (0.1%)	2	FML liquifilm
Prednisolone acetate (0.12%, 1%)	2	Pred Mild, Pred Forte

Antivirals

Trifluridine	2	Viroptic
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Artificial tears and Dry Eye Treatments

OTC Carboxymethylcellulose/Hypromellose	2	GenTeal Moderate/Severe
OTC Dextran 70/Hypromellose, preservative free	3	Tears Naturale Free
OTC Polyvinyl alcohol	1	Artificial tears
OTC Mineral oil/White petrolatum oint	3	Puralube

Beta-blockers***Non-selective***

Timolol maleate soln, gel	1	Timoptic, Timoptic XE
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Selective

Betaxolol soln, susp	1	Betoptic, Betoptic-S
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Carbonic Anhydrase Inhibitors***Topical***

Dorzolamide	3	Trusopt
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Carbonic Anhydrase Inhibitors/Beta-blocker Combinations

Dorzolamide/Timolol maleate	3	Cosopt
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Prostaglandins

Lantanoprost	2	Xalatan
Travoprost	3	Travatan Z

Sympathomimetics

Brimonidine tartrate (0.15%, 0.2%)

1 Alphagan P

Sympathomimetic/Beta-blocker Combinations

Brimonidine/Timolol

3 Combigan

OTIC**Anti-infectives****Acetic acid**

2 Acetasol

Acetic acid/aluminium acetate

3 Borofair

Antipyrine/Benzocaine

1 Aurodex

Ofloxacin

1 Floxin otic

Anti-infective/Anti-inflammatory Combinations

Ciprofloxacin/Dexamethasone, otic suspension

3 Ciprodex

Neomycin/Polymyxin B/Hydrocortisone, otic suspension

2 Cortisporin otic