

# WANT TO MAKE **ASTHMA** TRIGGERS JUST BLOW AWAY?

air pollution  
pollen  
mold & dust mites  
chemical irritants  
animal dander

Does asthma stop you from **having fun** with friends or family?

Does asthma get in the way of the normal activities of your **daily life**?

Does asthma keep you from getting a **good night's rest**?

Call or stop by the Tulalip Clinical Pharmacy for details about how the free asthma program can *improve your breathing and your life.*

## **The Asthma Project will help you better control your asthma symptoms.**

- You can't always control your environment but you can control your symptoms.
- People with asthma can have no physical limitations with correct use of medications.
- Make every day your personal best with daily use of your peak flow meter.
- Attack asthma by understanding your plan for when symptoms get bad.
- Participants must be 18 years old or older.
- Up to \$40 in gift cards available for completion of the program.

Receive gift cards upon completion of program!

Gift Card



**Tulalip Clinical  
PHARMACY**

For more information please contact Cindy or Joseph  
Phone: (360) 716-2660 • 8825 34th Ave. NE, Suite A, Tulalip, WA

