

ENROLL
TODAY!



KISS THOSE ASTHMA TRIGGERS AWAY!

air pollution

chemical irritants

animal dander

pollen

mold & dust mites



The Asthma Project will help you better control your asthma symptoms.

You can't always control your environment but you can control your symptoms. People with asthma can have no physical limitations with correct use of medications. Make every day your personal best with daily use of your peak flow meter. Attack asthma by understanding your plan for when symptoms get bad.

Participants must be 18 years old or older.

Up to \$40 in gift cards available for completion of the program.

For more information please contact
Cindy or Joseph at (360) 716-2660
8825 34th Ave. NE, Suite A, Tulalip, WA



**Tulalip Clinical
PHARMACY**

Has asthma got you out of breath?

- Does asthma stop you from **having fun** with friends or family?
- Does asthma get in the way of the normal activities of your **daily life**?
- Does asthma keep you from getting a **good night's rest**?
- Call or stop by the Tulalip Clinical Pharmacy for details about how the free asthma program can **improve your breathing and your life**.

